

# VALOR Essentials:

## Officer Safety, Wellness, and Resiliency Training

### Lakewood, Colorado

**July 25–27, 2017**

**Course Description:** *Officer safety is paramount* to law enforcement agencies everywhere. The VALOR Initiative prioritizes officer safety training to support law enforcement officers, and the community, to help ensure that officers go home safely at the end of every shift. The VALOR Essentials class provides officers at the *patrol and supervisory level* with exactly that—the *essentials to survive and thrive*—by stressing the importance of *situational awareness, avoiding complacency, being prepared, and remaining vigilant*.

#### Hear From Law Enforcement Experts on:

1. Characteristics of Weapon Concealment
2. Indicators of a Potential Assault
3. Casualty Care
4. How They Survived an Assault

*Additional topics covered throughout the course include: professionalism, wellness, resiliency, and de-escalation.*

### No Registration Fee and Receive In-Service Credit Hours\*

For more information on the course, to view training schedules, and to register for the VALOR Essentials class, please visit:

[www.valorforblue.org/s/LakewoodCO](http://www.valorforblue.org/s/LakewoodCO)

\*Continuing Professional Training credits have been applied for in the state of Colorado.

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#### Cohosted by:

Lakewood Police Department

U.S. Attorney's Office,  
District of Colorado

*"Every officer in this nation should go to this training. It should be mandatory. I have been in this profession for 38 years, and in the VALOR Essentials class, I learned new things about the job and about myself. Well done!"*

—VALOR Essentials Participant,  
Salem, Oregon



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